

# **Diploma in Men's Health (Part-time)**

Programme Director: **Professor Samuel Yeung-shan WONG**

## **BACKGROUND**

Globally, there has been growing interest in men's health, and a movement towards improving it. In 2003, Hong Kong's Department of Health launched a multimedia campaign to promote the awareness of male-related problems to the public. This has triggered heavy demand for screening programmes, along with an increase in visits to doctors. As health and healthy living are back in the spotlight in post-SARS Hong Kong, it is expected that such demand will continue to grow.

The health profiles of the two sexes show clear differences in terms of mortality and morbidity. Men tend not to seek medical assistance, despite their greater risk of ill health. This is reflected in the organisation and structure of health care services. However, in recent years, traditional role of men is undermined by changing patterns of work and domestic responsibility, as well as evolving female role. Men's fears for their future employability, their worries on self-worth, and their poor lifestyles are leading to the convergence of morbidity patterns that, collectively, point towards immediate action from professionals in all medical disciplines.

## **WHY STUDY HERE**

As a leading medical school in Hong Kong, the School of Public Health is pleased to announce its fifth year of running the Diploma in Men's Health programme. In this course, we will look at the biological, lifestyle, and behavioural determinants of men's health in the 21<sup>st</sup> century. We will further investigate men's understanding and reactions to their bodies and minds as well as to illnesses. Emphasis will be placed on equipping students with the essential skills of detecting, diagnosing, and managing health problems that are relevant and important to men and their families. Last year, we have introduced clinical attachments and teaching to provide hands-on experience for the students. We hope that our proactive approach and supportive environment will stimulate candidates' interests in this area, and that our graduates will apply their new skills and knowledge at home, at work, and in the community.

## **WHO SHOULD APPLY**

Doctors, nurses, and other allied health professionals

### **AIMS AND FEATURES**

- To provide participants with knowledge and understanding on common problems and important issues affecting men's health
- To equip participants with the essential skills of detecting, diagnosing, and managing health problems of relevance and importance to men and their families

### **PROGRAMME STRUCTURE**

The Diploma programme is a one-year, part-time course, consisting of five modules.

	<b>Code</b>	<b>Module</b>	<b>Title</b>	<b>Units</b>
<b>Core</b>	PBH7701	I	Sexual / Genitourinary Issues and Clinical Practicum	3
	PBH7702	II	Common Diseases in Men	3
	PBH7705	III	Evidence-Based Medicine and Project Related to Men's Health	6
	PBH7703	IV	Clinical Skills in Managing Men's Mental Health	1
	PBH7706	V	Sex Counselling	3
				<b>TOTAL UNITS</b>

### **COURSE DESCRIPTION**

#### **Introduction**

- Gender differences in the utilisation of health services

#### **PBH7701 Module I: Sexual / Genitourinary Issues and Clinical Practicum (3 Units)**

- Male reproductive health: anatomy and physiology; infertility; male contraception
- Common diseases of the urinary tract
- Sexual dysfunctions and treatment
- STDs and their prevention
- AIDS and its prevention
- Sexuality and sexual orientation
- Andropause: Does it exist?

**PBH7702      Module II: Common Diseases in Men      (3 Units)**

- Cardiovascular disease management
- Diabetes mellitus and related diseases
- Respiratory disease management
- Management of musculoskeletal diseases
- Male osteoporosis
- Sports medicine
- Male baldness and common skin problems in men
- Hepatitis B and colorectal cancer

**PBH7705      Module III: Evidence-Based Medicine and Project Related to Men's Health (6 Units)**

- Introduction to evidence-based medicine
- Critical appraisal skills I & II
- Qualitative studies: Research methodology and analysis

**PBH7703      Module IV: Clinical Skills in Managing Men's Mental Health (1 Unit)**

- Psychiatric morbidity in men
- Essential knowledge on the detection and treatment of mood disorders
- Techniques for stress management and the psychological treatment of mood disorders
- Managing marital crises and domestic violence
- Addiction: Drug abuse and pathological gambling
- Promoting better health at work
- Mental health promotion in men

**PBH7706      Module V: Sex Counselling (3 Units)**

- Personal counselling
- Sexuality counselling
- Intervention approaches in relationship systems
- Decision-making on sexually-related medical interventions
- Ethical issues in sexuality counselling
- Consultation, collaboration, and referral

**TEACHING FORMAT**

Classes will be conducted on Saturday afternoons. Participants will be required to

attend three hours of lectures per week, and must complete 220 hours of study for graduation. The teaching format includes seminars, tutorials, project work, and critical appraisals.

### **TEACHING FACULTY**

Students will be taught by the academic staff of the Faculty of Medicine at The Chinese University of Hong Kong, as well as by leading experts from the Department of Health and the Hospital Authority, and by experienced community doctors.

### **DURATION / MODES OF STUDY / TUITION FEES**

<b>Programme</b>	<b>Duration</b>	<b>Mode of Study</b>	<b>Tuition Fee</b>
Diploma in Men's Health	1 year	Part-time	HK\$42,000 <i>(payable over 2 terms)</i>

### **RECOGNITION OF THE PROGRAMME**

The Diploma in Men's Health is a quotable qualification approved by the Medical Council of Hong Kong. This course has also been accredited for Continuing Medical Education (CME) points and Continuing Nursing Education (CNE) points (1 contact hour = 1 point).

### **GRADUATE REQUIREMENTS & GRADING SYSTEM**

The Diploma in Men's Health will be awarded only upon the fulfilment of the following requirements:

- Attendance: Students must attend at least 80% of the scheduled lectures, seminars, and tutorials.
- Assessment: Students will be required to complete all course assignments, and pass an integrated examination.

### **HOW TO APPLY**

#### **Admission Requirements**

Course participants should have a Bachelor's degree in medicine from a recognised university, or possess post-secondary qualifications with a minimum of three years' full-time work experience in health-related sectors.

### **Admission Procedures**

A completed application form must be submitted to the Programme Administrator, together with the following:

- Photocopies of certificates of academic and professional qualifications. Original documents must not be sent.
- An application fee of HK\$180 by crossed cheque or bank draft, made payable to 'The Chinese University of Hong Kong'. The application fee is not refundable.

### **Application Deadline**

June 30, 2009

### **ADMINISTRATIVE STAFF LIST**

<b>Programme Administrator</b>	<b>Telephone No.</b>	<b>E-mail Address</b>
Prudence Tang	2252 8431	prudence@cuhk.edu.hk

## APPLICATION FORM



The Chinese University of Hong Kong  
Faculty of Medicine

### APPLICATION FOR ADMISSION TO THE DIPLOMA IN MEN'S HEALTH PROGRAMME (For admission in 2009–2010)

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#### I. Personal Particulars

Name:

(in English, surname first) \_\_\_\_\_ (in Chinese)

Date of Birth: \_\_\_\_\_ (dd/mm/yy) Sex: Female / Male

HKID Card No. / Passport No.: \_\_\_\_\_ ( )

Occupation:

Correspondence Address (in English):

Daytime Contact Telephone: \_\_\_\_\_ Fax No.:

Mobile Phone / Pager No.:

E-mail Address:

#### II. Academic Qualifications

Institution & Location	Date of Attendance	Major	Diploma/Degree
(From / To)			

### III. Professional Qualifications

Professional Qualification	Awarding Institution / Country	Date of Award
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### IV. Working Experience (Please list your current job first)

Institution and Location	Position	Date (From / To)
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I declare that the information given in support of this application is accurate and complete, and understand that any misrepresentation will result in the disqualification of my application for admission.

Signature of Applicant: \_\_\_\_\_ Date:

This form should be completed and returned to the Programme Administrator before **30 June 2009**. Please attach photocopies of certificates of academic and professional qualifications (e.g. examination certificates and other qualifications), together with a cheque for the application fee of HK\$180, made payable to 'The Chinese University of Hong Kong'.