



John Hoi-kit TAM

譚愷傑

2009 Graduate, Major in Food and Nutritional Science and Minor in Public Health
主修食品及營養科學及副修公共衛生學
(2009年度畢業生)

I am honoured to be one of the first batch students of the Minor Programme in Public Health. Studying public health as minor gives me an opportunity to explore primary care system and public health aspects. I enjoy biostatistics and epidemiology in particular. Professors are willing to assist me in the learning process. Individual projects are definitely beneficial to students who are self-motivated. To sum up, the programme is a good window to get a taste of the scope of public health and familiarise oneself with the mindset of public interest.

我很榮幸成為首批公共衛生學副修課程的學生。副修公共衛生課程讓我有機會了解基層醫療系統和各種公共衛生範疇。我特別喜歡生物統計學和流行病學。教授們循循善誘，令我獲益良多。個人專題研習對於自發性強的同學們來說，更是獲益不淺。總結來說，公共衛生學副修課程給予我寶貴的機會，接觸公共衛生的領域，了解大眾的利益。



Donald Shun-tak LAU

劉順德

2009 Graduate, Major in Integrated BBA and Minor in Public Health
主修工商管理學士綜合課程及
副修公共衛生學 (2009年度畢業生)

I am so glad to be one of the first batch minor graduates in Public Health. All the professors teach very well and I really like the learning atmosphere here. What I gain from the programme is not limited to knowledge; I have also built friendship with my classmates from different departments. I will treasure everything this minor programme offers me. I hope I will have a chance to learn more on public health in the coming future.

我很榮幸成為其中一位首批副修公共衛生學的畢業生。這個課程的教授十分出色，我特別喜歡這裡的學習氣氛。我所學到的不僅是知識，而且與不同學系的同學建立了真摯友誼。我珍惜這個副修課程給予我的所有人和事，希望將來有機會學習更多公共衛生的知識。



Jessica Yuen-chee CHOI

蔡婉姿

2010 Graduate, Major in Biology and Minor in Public Health
主修生物課程及副修公共衛生學
(2010年度畢業生)

Studying Public Health as Minor is definitely a great experience for me. I am exposed to various topics such as global health issues, health-related lifestyles, different management systems of diseases and biostatistics. All these have broadened my outlook and instilled in me a solid foundation for my future healthcare career. Moreover, the scientific training has strengthened my organisational and problem-solving skills.

副修公共衛生課程是寶貴的經驗，我有機會接觸多個課題，如環球健康問題、生活模式、不同的疾病管理系統及生物統計學等。這些科目令我大開眼界，也為將來的醫療保健事業奠定基礎。在科學上的訓練，也加強了我的組織能力和解難解巧。



Cecilia Yuen-see CHOI

蔡婉詩

2010 Graduate, Major in Biology and Minor in Public Health
主修生物課程及副修公共衛生學
(2010年度畢業生)

Studying in Public Health definitely benefits me a lot. I have gained knowledge in biostatistics, epidemiology, global health-related issues, etc. Moreover, through lots of class discussions, we learned to share our views, interact more objectively and think much deeper and wider. All these knowledge and experiences help broaden my horizon and lay a concrete foundation for my further study in the Master of Public Health.

公共衛生課程的確令我獲益良多，我對於生物統計學、流行病學、環球健康課題的認識加深了。而且在課堂裡，我有機會多作討論，學習如何分享個人見解，客觀分析事宜、作深入的構思。這些知識和經驗無疑擴闊我的眼界，為我將來修讀公共衛生碩士課程鋪路。

School of Public Health and Primary Care

Faculty of Medicine

The Chinese University of Hong Kong

香港中文大學醫學院

公共衛生及基層醫療學院

Tel 電話： (852) 2252 8488

Fax 傳真： (852) 2145 7489

Email 電郵： sphpc_ug@cuhk.edu.hk

Website 網址： www.sphpc.cuhk.edu.hk



School of Public Health and Primary Care
公共衛生及基層醫療學院

Minor Programme in Public Health

公共衛生學副修課程

Public Health



Public Health
公共衛生及
基層醫療學院
School of Public Health and Primary Care

Minor Programme in Public Health 公共衛生學副修課程

The Minor Programme in Public Health at CUHK provides a basic understanding of current daily public health issues and is targeted towards students from all disciplines. It is an excellent complement to those interested in studying in health-related fields. Core public health skills such as foundations in public health, epidemiology, infectious diseases, health and social behaviour and introduction to health systems will be discussed.

中大公共衛生學副修課程適合來自不同學系的學生修讀，旨在讓學生了解日常的公共衛生議題，為有興趣修讀與健康有關學科的學生提供優質的教育。課程主要的範圍包括公共衛生學基礎、流行病學、傳染病學、健康與社會行為及醫療體系等。

Course List 科目總表

Code 編號	Course Title 科目名稱	Unit 學分
Core Courses 必修科目		
PHPC1001	Foundations in Public Health 公共衛生學基礎	2
PHPC1012	Biological Basis of Health 基礎生物學與健康	3
PHPC1014	Epidemiology 流行病學	3
PHPC1017	Principles of Infectious Diseases I 傳染病學原理 (一)	1
Elective Courses 選修科目		
PHPC1015	Biostatistics 生物統計學	3
PHPC1016	Theories and Concepts of Health Behaviours 健康行為理論基礎	3
PHPC2008	Lifestyle and Health 生活模式與健康	3
PHPC2009	Environment and Work 環境衛生與職業衛生	3
PHPC2010	Introduction to Health Systems and Services 醫療體系及服務導論	3
PHPC2011	Global Health I 環球健康 (一)	3
PHPC2014	Primary Care Approach to Health 基層醫療與健康	3

Study Scheme 修讀辦法

Elective Courses

All students are welcome to take any of the above courses as electives.

選修科目

歡迎所有學生選修上述課程作為選修科目。

Minor Programme

Students are required to complete at least 15 units from all courses listed above in order to fulfill the requirement of a Minor Programme.

Note:

1. Mandatory courses for fulfillment of minor programme include PHPC1001, PHPC1012, PHPC1014 and PHPC1017.
2. PHPC1001 is also offered as General Education (GE) course. If students would like to use the units earned from a GE course to fulfill departmental requirements, they have to apply to the School of Public Health and Primary Care, and students should take another GE course to make up for the required units.
3. Students may apply for course exemption if they have taken similar courses in their major or minor, subject to the approval of the School of Public Health and Primary Care.

副修課程

學生須至少修畢15學分的課程，以達致基本的副修課程要求：

備註：

1. 完成副修課程的必修科目包括PHPC1001, PHPC1012, PHPC1014及PHPC1017。
2. PHPC1001同時列為通識教育科目。如欲將已修讀之通識科目轉為副修學分，則須向公共衛生及基層醫療學院申請，並另選讀其他通識科目，以達到大學通識教育之學分要求。
3. 如果學生已經在主修和副修課程中修讀了同樣的課程，可申請科目豁免，但需得到公共衛生及基層醫療學院的批准。



Yvonne Hiu-yin CHAN

陳曉燕

2009 Graduate, Major in Food and Nutritional Science and
Minor in Public Health
主修食品及營養科學及副修公共衛生學 (2009年度畢業生)

The first thing comes to my mind about studying Minor Programme in Public Health is being taught by a group of quality teachers. To me, knowledge and skills of the subject is just as important as how the teachers guide us. My tutor is very nice and helpful. She teaches me how to conduct research. Guidance from tutors and teachers removes all the obstacles in learning, which enhance my interest in this particular field. I am planning to pursue study in Master of Public Health Programme in future.

談到修讀公共衛生學副修課程時，我立即聯想到由優質及富經驗的教授任教的課堂。事實上，學科上的知識固然重要，但是教授循循善誘更是學生的強心針。我的導師很友善，她教導我如何進行研究，為我排除學習上的障礙，令我對學科倍感興趣。我計劃在未來進一步修讀公共衛生碩士課程。

Goofy Yu-man TSUI

徐宇文

2009 Graduate, Major in Molecular Biotechnology and
Minor in Public Health
主修分子生物技術學及副修公共衛生學 (2009年度畢業生)

It is rewarding to have public health as my minor subject. It widens my horizon in different subjects apart from my major study. Public health involves collaboration between different professions from statistics, medicine, education, etc, which provides room for exchange and learning. It is most exciting to know that I can play a role in improving health of general population by adopting evidence- and statistics-based strategies and other ways for disease prevention. It raises my awareness on the health issues of our society and the world. Public health cares about the health benefits of the society and so do I.

公共衛生學副修課程豐富了我的知識和技巧，令我獲益良多。除了主修科目外，副修科可讓我涉獵多個科目，擴闊眼界。公共衛生著重不同專業的合作，當中包括來自統計、醫學、教育等專才，彼此交流和學習，知識互相補足。我可以透過循證醫學、統計為本的策略以及其他疾病預防的方法，以改善全民健康，這實在令我感到十分鼓舞。此科目讓我了解自己身處的社區，甚或整個世界的健康問題。公共衛生關注人們的健康和福祉，我也具有相同的抱負。